

#fanoebike



Rute 5: Mountain bike



Fanø boasts of wonderful nature with beaches, open spaces and old, overgrown dunes. All this makes the island an exciting place to mountain bike.

You can take the mountain bike to many places: the beach, the marked cycling paths and on several of the small paths in the forest of Fanø Klitplantage.

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Within Fanø Klitplantage there is a mountain bike trail established by Fanø MTB and the Ministry of Environment. The trail doesn't have many hills but the existing ones are closely together. This provides an intense and adventurous track through varied landscapes. If you want, you can get your pulse up here.

The trail is marked with blue arrows, is approximately 7 km long and is made for those who are a step above beginners in mountain biking. In a couple of places it's possible to opt for a medium difficulty route, marked with red arrows.

How to get there:

Fanø Klitplantage is located in the center of the island. From the ferry, the distance is about 7 km and from Sønderho about 6 km.

There is a cycling path all along the main road from Nordby to Sønderho. If you arrive from Nordby or the holiday home areas in Fanø Bad or Rindby Strand you will find the trail directly from the cycling path. There are two signs. Coming from here, you start in the middle of the route.

If you arrive from Sønderho, go on the main road and after about 6 km, turn off it towards Skovlegepladsen on Mågekolonivej until you reach the parking lot by Pælebjerg. The parking lot is located on a concrete road made during World War 2. Here you find the sign pointing to the trail.

If you cycle from the beach, you can follow the cycling path from the beach towards Pælebjerg. This path is clearly marked.






If you come by car, you will also drive to Pælebjerg parking lot using Mågelokonivej.



Mountainbike ruter

There is a joint set of rules for how difficulty ratings are marked on MTB routes.

The routes are divided in 5 difficulty categories, each with their own colour.

Difficulty level	Suitable for	The trail
	Very easy Everyone on a MTB	Gravel paths and wide paths. Relatively flat with moderate inclinations.
	Easy Mountain bikers with basic skills	Gravel paths and singletracks. Moderate inclinations, but there may be steep stretches. Surface may be loose, muddy, uneven with smaller roots and stones.
	Medium The practised mountain biker	Challenging hills. Expect drops, holes, larger roots and stones, narrow passages and singletracks. All obstacles can be passed with full contact to the ground at low speeds.
	Difficult Expert mountain biker	Steep and very challenging hills. Expect drops, jumps, holes, roots and rocks with intense passages and singletracks. Not all obstacles can be passed with full ground contact.
	Extreme Specialised disciplines and often high risk	Often a steep down hill trail with large, constructed obstacles, jumps and more. Demands a special downhill or free-ride bike, as well as safety gear such as full-face helmets, back shield, neck collar, knee protectors, gloves and glasses.

As was previously mentioned, the trail on Fanø falls within the blue category, although there are red loops with higher difficulty level.

Enjoy.